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## ANTHEM COLLEGE OFFERING SHORT COURSES IN MASSAGE THERAPY MODALITIES

**Brookfield, Wisc., March 29, 2012**—Anthem College in Brookfield is now offering short courses courses in the Guasha, Reiki, and Myofascial Release massage therapy modalities.

- Guasha, an ancient modality from East Asia, will be taught May 5 and September 8.
- Myofasical Release, used to treat chronic pain, will be taught in a single two-day session May 19 and 20.
- Reiki I will be taught in single day sessions April 7, June 2, August 4, and October 6. Reiki is a Japanese stress reduction and relaxation technique.
- Reiki II will also be taught in sigle-day sessions June 9, August 11, and October 13. Reiki I is a
  prerequisite for this course

Prices vary according to class. For more information and to register, call 262-373-7000 or visit the <u>Anthem College-Brookfield</u> website, where you can also get information on Anthem College's Diploma and Associate of Applied Science programs in Massage Therapy.

## **About Anthem College**

Originally established in 2006, Anthem College-Brokfield is part of Anthem Education, a Phoenix, Arizona-based family of schools and colleges that provides career-focused training and education programs at 22 accredited institutions in 14 states as well as online. The Anthem Education family of schools includes Anthem College, Anthem College Online, Anthem Career College, Anthem Institute, Morrison University, and The Bryman School of Arizona. For more information, visit anthem.edu.

For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at anthem.edu/disclosures

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